

ANNA TWINNEY  
Equine Specialist/Reiki Master/Animal  
Communicator  
Reach Out to Horses® Program

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**How animal communication works**

It takes many years of practice to be a good animal communicator. Some of us are excellent at many aspects and reasonable at others. Not all communicators are created or trained equally.

Once I receive the information from you, I will contact each animal from my home using his or her photo and address. I begin each session by becoming very quiet. I picture and contact the animal and ask he/she is willing to talk to me.

I spend a few moments sitting with the animal to get to know them a bit and then start in with your questions. I spend 45 minutes with each animal, depending on the number of questions. When I complete the session(s) I will let you know. Generally speaking we will arrange a mutual time to speak on the phone, for you to be a part of the communication session. This session is classed as “live” and would be as though I am right there with you in your living room.

**You would call me at the office on 303 642 7341**

with pen and paper handy to make any notes you wish. If we cannot coordinate dates and times I will send you an e-mail, but we can also set up a time for you to call me, so I can let you know what was communicated to me during the session.

Animals communicate with us in a variety of ways – body language, vocally, through pictures, thoughts, feelings, emotions and physical sensations. Most of my communication with animals has been through pictures and thoughts along with feelings and physical sensations.

Animals are aware of physical pain, but are not in a position to diagnose & neither am I. They will let me know how they feel physically, emotionally & spiritually during the moment of the communication. I connect to their higher-self to determine their discomfort. Often they are reluctant to come forward with the amount of pain as they are unsure of their outcome; if they are to be sold, put down or need the dreaded vets visit. I like to determine prior to the session what their guardian has in mind for them, so to provide the necessary reassurance and understanding.

As animal communicators we do not predict the future, we are trained to listen telepathically and to be the messengers. Everything we do is considered confidential. We should be able to accurately understand what your animal's feeling and thinking, what the main issues are from their viewpoint, and be able to present something useful, whether its confirmation of what you

already know, uncover new information you didn't know before, provide clarity regarding direction to proceed with the problem, and be able to answer your questions to the best of our ability.

Most people with animals have experienced the telepathic communication, but may not be aware of it. They may think it was their thought – time to walk the dog- when often it was actually the dog that sent that thought to them.

**What I need from you to start:**

For each animal you would like me to talk with, please send me 2 photos (head & body shot without anybody else present) and/or completed animal communication intake form (attached). You can send the photo via e-mail or the US Postal office. When sent via email, each photo should not exceed 3MB and be sent in separate messages. If specified, I will return the photo following the communication session in a self-addressed provided envelope.

Please let me know what you would like to know from each animal. Specific questions about behavioral issues, what would improve their life, relationships with other animals, people, what they see as their role or job, etc.. Please take your time to consider the most important questions for you and include them along with a message for your companion. With an excess of 5 questions I have found it can take up to 90 minutes, which increases the duration and cost of the consultation.

I will need you to complete 2 one-page evaluation forms – one immediately following the consultation while your thoughts and comments are fresh in your mind and a second one several weeks later for any changes you have implemented along with any “aha” moments. I will e-mail the evaluation forms to you once I have completed the consultation with your animal and we have talked or discussed what the animal has to say.

Usually my consultations take place “live”. However, if you opt for a written transcript instead, we will set up a time for us to chat once the session has taken place, this gives you the opportunity to clarify any questions, for us to enhance the session and put a resolution program in place. The consultation will be 15 minutes and you can call me at (303) 642-7341.

Communicating with animals often compares to communicating with children and/or adults – each animal has his own personality, character & history. The sessions I conduct take around 45 to 60 minutes per individual. Should you have further questions or questions resulting from the communication I would suggest we set up an additional 2<sup>nd</sup> consultation, which is classed as a follow-up session.. Emotional and behavioral issues often require more than one session – compare this to counseling. Occasionally hurt, pain, confusion & fear can take a while to overcome and may need to be addressed a number of times.

No one can make your animals change if they don't want to. Sometimes the problem isn't with them, it might be with their people, their situation, training or lack thereof. They always do

what makes sense to them from their viewpoint. Our job is to discover what their viewpoint is and then to work with you to help resolve the problem. Some problems simply aren't fixable. If the animals do not want to change or see no need or reason to that they can agree with, then they won't. You live and work with them 24/7. To expect a stranger (animal communicator) to make animals different when you continue to reinforce their inappropriate behavior by rewarding it or not making the effort required to teach them anything different is not realistic.